

cut out the crap for kids

A

Almond Slice	141
Anzac Slice	145
Apple and Cinnamon Cake	123
Apple Bubble Bar	143
Apricot Chicken	71
Avocado Dip	21

B

Baked Custards	147
Banana Cupcakes	125
Base Cake Mix	121
Blueberry Muffins	127
Bolognaise	73
Borlotti Bean Meatball Salad	47
Butterfly Cupcakes	129

C

Cabbage Rolls	75
Carrot and Pine Nut Dip	21
CBC (Crunchy Baked Chicken)	77
Chicken and Asparagus Pasta	79
Chicken and Corn Soup	81
Chicken and Pineapple	83
Chicken and Vegetable Soup	85
Chicken Pie	87
Chicken Skewers	89
Choc Chip Biscuits	149
Choc Crackles	151
Choc Fudge Cupcakes	153
Coconut and Cherry Cupcakes	131
Coconut Chicken	91
Cottage Pie	93
Creamy Curry Vegies	49

E - G

Easy Slow Cooker Chicken	95
Fish Pieces	97
Garlic Rosemary Bread Sticks	23
Golden Sticky Potatoes	51

H - K

Honey Joys	155
Hummingbird Slice	157
Icy Watermelon	159
Kidslaw	53

L

Lamb and Apple Curry	99
Lamb and Potato Slice	25
Lamingtons	133
Lemon and Honey Mega-bake	55
Lemon Chicken	101

M - N

Mayonnaise	17
Minestrone	103
Mint and Lamb Koftas	105
Nasi Goreng	107

O

Orange Poppy Seed Cupcakes	161
Orange and Rosemary Chicken	27
Orange Ice cream	163

P

Pasta Salad	29
Peanut Butter Chicken	109
Pecan Pudding	135
Pesto Pasta	111
Potato and Carrot Rosti	57
Potato Skins	59
Prawn and Watermelon Salad	61
Prawn Cutlets	113



Q - R

Quinoa Salad	63
Raspberry White Choc Muffins	127
Rice Slice	31
Roasted Pumpkin Muffins	33

S

Salmon Patties	35
Sang Choy Bow	115
Savoury Vegie Muffins	37
Sesame Brittle	165
Slow Cooker Beef and Pumpkin	117
Sticky Chicken	39
Summer Chicken Salad	65
Sweet Cinnamon Potato	57
Sweet Potato Fries	59

T

Toffees	167
Tuna Mornay	119
Turkey and Cranberry Meatloaf	41
Turkey and Pumpkin Rissoles	43

U - W

Upside Down Pineapple Cake	137
Vegie Mash	51
White Sauce	17

